

Excerpt: Part of the "Personal safety can be frightening" section:

Safety is not something most people think about on a regular basis. Some jobs, by their very nature, put people at higher risk of crime than others. If your job requires you to work alone and/or visit clients in their homes, you need to read this book.

Many home visitors have the feeling that "It won't happen to me" or "I don't work with that type of client." As uncomfortable as the thought may be, anyone could cause you harm. Just because that person lives in an affluent area, in a big beautiful home, it does not mean that person may not have a mental imbalance or drug problem or violent tendencies. There are also other dangers that don't necessarily involve a crime.

Some of the possible crimes that home visits could present include: robbery, theft, stalking, verbal abuse, sexual crimes or harassment, murder, and physical abuse or threats. Other issues that could arise include hazards like ice, weapons, poor condition of the home, medical emergencies, dangerous animals and even fire.

My own surveys have shown that women think about their safety or have uncomfortable feelings about situations much more often than men. Because of this, my book is written primarily using a female visitor and a male client. This is not meant to imply that the information is not of use to men that want to feel safer or that only male clients can be dangerous.

When a person first starts thinking about her safety and all the horrible "what-if's" that could happen, she usually gets overwhelmed and stops thinking about it. It is much easier to say, "It won't happen to me," "I'm careful" or "My job isn't dangerous."

The reason this happens is because the "What If's" don't provide any safe solutions. This book does.

If you only think about what could happen and don't look at solutions, you are left feeling very vulnerable. I encourage you to finish this book, even if it makes you uncomfortable in the beginning. It is natural to want to get away from things that cause fear and we will later discuss how you can use that to your advantage.

Please brave the fear of reading about the situations presented in this book so you can gain powerful knowledge that will help you conquer the paralyzing fear of a real situation....

To read more...

Safe Home Visits is available for \$19.95 from the publisher: www.Trafford.com